## CHSA Wolverines Basketball Player's Pledge

## I agree to:

- 1. Maintain an honorable testimony and witness to God as a member of CHSA, whether on or off the court.
- 2. Strive to develop my God-given gifts in character, academics, and athletic skill.
- 3. Honor the Christian commitment of the program by my language, not using unwholesome words or participating in talk or joking that is unfitting a Christian testimony. I will not use foul language...ever.
- 4. Honor those in authority, including coaches and referees, by accepting at all times their decisions without argument, grumbling, or gesturing of any kind. If I speak to the referees, it will be to say "yes sir" or "thank you sir".
- 5. Fully participate in team devotions, including prayer before practices and each game.
- 6. Honor my teammates by encouraging them and by trying to develop an attitude that places others' needs before my own.
- 7. Refrain from gossip or malicious talk about my teammates, coaches, or CHSA. I will treat others as I want others to treat me.
- 8. Honor my opponents by playing my best and yet not engaging in taunting, baiting, or ridiculing of any kind.
- 9. Wear modest attire, with no offensive printing or pictures, while attending any CHSA event. I will not wear headphones and/or use any music device upon entering the locker room or gyms at practices or games. I will not have any visible tattoos. I will maintain an appropriate, well-groomed haircut that does not bring unnecessary attention to myself.
- 10. Honor my teammates by submitting to the greater good of the team at the expense of my own ambitions.
- 11. Keep my body in top performance by exercising, eating a proper diet, getting appropriate sleep and not engaging in destructive behaviors such as smoking, drinking, abuse of drugs and other behaviors equally abusive to my body.
- 12. Be at all practices and games/tournaments unless extenuating circumstances occur, at which time I will notify my coach as soon as possible. I understand that missing a game/tournament or practice without notice is serious and can be grounds for discipline.
- 13. Fully participate in the fundraising activities of the organization.
  - I understand that violations of these guidelines may result in disciplinary action that may range from a reduction in my playing time to expulsion from the program.

Player signature	
Date	
Parent signature	